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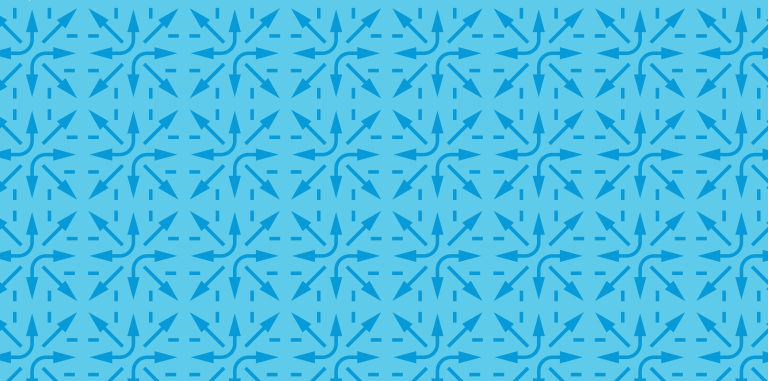


BodyBilt®



# Next24 Instructions

Size A & B





### 1 Neckroll Adjustment

Turn the knobs on the neckroll pivot point forward to release the neckroll. Grasp the neckroll pillow and move to the desired height and angle. Turn the knobs rearward to lock the neckroll into position.



### 2 Back Height

Grasp the bottom of the chair back and lift to the desired height. If the back is too high, lift the back to the highest position to return to the lowest position, then re-adjust the height.



3



### Air Lumbar

Press the Air Lumbar bulb in order to increase the lumbar support on your chair. Push on the button at the top of the Air Lumbar bulb to release the air, reducing the lumbar support.

4



### Armrest Adjustments

**Height:** Lift and hold the trigger on the side of the arm to adjust arm height. Release trigger to set the height.  
**360° Rotation:** Grasp both ends of the arm pad, then lift and rotate to the desired angle.

5



### Armrest Width

Loosen the armrest knob under the seat and slide the armrest in or out. Tighten the knob to lock at the desired width.

6



### Back Angle

From a seated position, lift and hold the third lever from the front on the right side of the chair. Lean on the chair back to place it in the desired position. Release the lever to lock the back into place.

7



### Seat Height

Without weight on the seat, raise the second lever from the front. Raise or lower the seat to the desired position, then release the lever to lock the seat height into place.

8



### Seat and Back Tilt

While seated, raise the first lever from the front to allow the seat and back to move together in a rocking motion. Lower the lever to lock the seat and back into position.

9



### Front Mechanical Tilt Stop

From a seated position, turn the Front Mechanical Tilt Stop knob forward to increase the seat's forward tilt. Turn the knob backward to decrease the seat's forward tilt.

10



### Tension Control

Turn the circular tension control knob under the center front of the chair to the right to tighten and increase the firmness of the rocking motion. Turn the knob to the left to decrease the firmness.

11



### Seat Depth

Pull up on the front seat slider bar and hold. Move the seat forward or backward to the desired depth and release the seat slider bar to set.



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## **ErgoGenesis Workplace Solutions, LLC**

Manufacturer of BodyBilt Seating  
& Ergonomic Workplace Solutions

**W:** [www.BodyBilt.com](http://www.BodyBilt.com)

**P:** 800.364.5299

**E:** [Customer-Service@ErgoGenesis.com](mailto:Customer-Service@ErgoGenesis.com)

